



Berrylicious Fruit Smoothie

SERVINGS: 1 | PREP TIME: 5 MIN | TOTAL TIME: 5 MIN

Ingredients



- 2 bananas (the more ripe, the more sweet)
- 1/2 cup of fruit yogurt (peach is our favorite)
- 2 cups of Berrylicious frozen blueberries
- 1/2 cup of Berrylicious frozen raspberries
- 2 tablespoons of honey
- 1/2 cup of apple juice
- 1 tbsp of Berrylicious Elderberry syrup

Blend and Enjoy!